

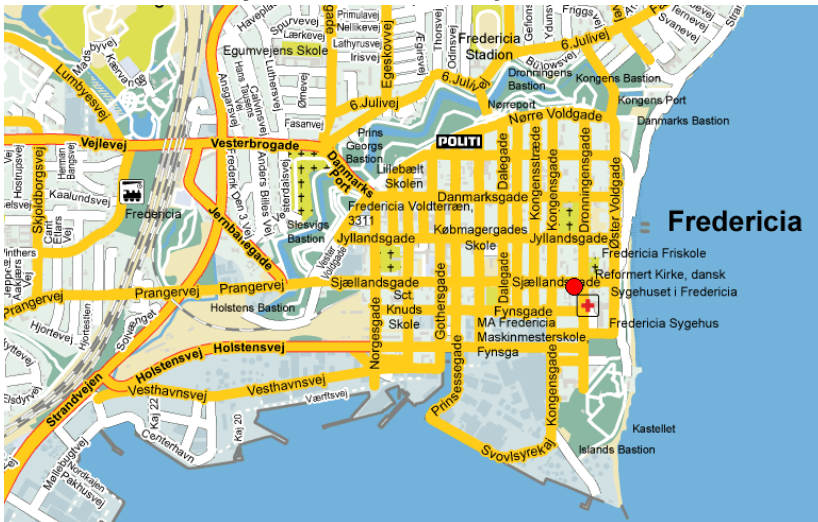
How to find us:

Map from the Motorway



Emergency contraceptive pill (ECP).

Map from the Railway Station



Bus Nos. 1 and 2 leave for the Hospital three times every hour.
Get off at the Hospital. Pro Vest's offices are located just opposite.



Emergency contraceptive pill (ECP)

If the condom is torn or you engage in other forms of unsafe sexual practices, there is an “emergency pill” that reduces the risk of pregnancy. This pill offers no protection against sexually transmitted diseases.

What to do

You have to take one ECP pill. It is to be taken as soon as possible after the accident and, at the very latest, 72 hours after.

If you vomit less than 3 hours after taking the pill, you have to take another one.

Where to buy the pill

The pill is available at the pharmacy. It is an over-the-counter drug, which means that no prescription is needed from your doctor to get the pill. It is named “Norlevo”.



Norlevo

(1 pack containing 1 pills, price about 125 DKK)

Side effects

There may be side effects such as nausea, vomiting, and possibly breast tenderness.

The pill affects your hormonal balance and is only to be used in an emergency. You may only take the pill once for each menstrual cycle, at the maximum.

Pregnancy test

If your period is more than five days overdue or if you experience abnormal bleeding, you need to have a pregnancy test done. A pregnancy test can be bought at the pharmacy, at many supermarkets and at Matas shops.

Where to have a medical examination

Pro Vest can also help you. All Tuesdays between 5 and 7 p.m. our Health Clinic is open and you can be checked anonymously and free of charge by a doctor. You can also buy the ECPs and the pregnancy test at Pro Vest. In any case we would recommend testing for sexually transmitted diseases either at your own doctor or at Pro Vest if you have had a torn condom or unsafe sex.

Questions

If you have any questions or wish to make an appointment please call Pro Vest - telephone number: **+45 75932169**.

Or come to our office:

Pro Vest
Sjællandsgade 98 B ground floor left
7000 Fredericia

We hand out free condoms and lubricants. It is also possible to see and buy special condoms etc.

Kind regards,
Pro Vest

Pro Vest – anonymous advisory and health service for foreign women with experience from prostitution.
For further information, see our homepage: www.provest.dk